



South African Practical Shooting Association

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Postnet Suite # 140
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Anti-Doping Policy (As adopted at the Annual Council Meeting on 24 February 2018)

1. OBJECTIVES

- 1.1 To determine the Rules & Regulations pertaining to the use of prohibited substances, in accordance with Section 10.7 of the I.P.S.C competition rules.

2. RATIONALE

- 2.1 As an affiliate of I.P.S.C, the Federation is bound by the I.P.S.C Anti-Doping rules in respect of Level IV and V matches sanctioned by I.P.S.C.
- 2.2 The SASCOC Articles of Association determine that SASCOC and all its members agree to comply with and be bound by the code presently in force and adopted by the government of South Africa, arising out of the WADA declaration, as adopted in Copenhagen in March 2002.
- 2.3 The SAIDS Anti-Doping Rules, like competition rules, are sports rules governing the conditions under which sport is played and members accept these rules as a condition of participation in sport and shall be bound by them.
- 2.4 The SAIDS Anti-Doping Rules apply to all members who participate in any capacity in any activity organized, held, convened or authorized by the Federation.

3. DEFINITIONS AND INTERPRETATION

- 3.1 Unless inconsistent with the context, all words and expressions imparting the masculine gender shall include the feminine, words signifying the singular number shall include the plural and vice versa.



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3. DEFINITIONS AND INTERPRETATION (cont)

- 3.2 Unless already defined in the Federation's Constitution, the following expressions shall have the following meanings assigned to them:
- 3.2.1. **DoU**
Disclosure of use of a banned substance.
 - 3.2.2. **Competition**
Any sanctioned shooting match.
 - 3.2.3. **"In Competition"**
The period from the first day of the pre-match, through the commencement of the awarding of medals and/or other forms of recognition and/or prizes.
 - 3.2.4. **Marker**
A compound, group of compounds or biological parameter/s that indicate the use of a prohibited substance or method.
 - 3.2.5. **Metabolite**
Any substance produced by a biotransformation process.
 - 3.2.6. **Offence**
Violation of this Policy.
 - 3.2.7. **Prohibited Substances**
As per the most recent list published by WADA.
 - 3.2.8. **SAIDS**
The South African Institute for Drug-free Sport is the statutory body established by the South African government, with the responsibility to promote and support the elimination of doping in sport in South Africa.
 - 3.2.9. **Sanction**
The penalty imposed by the relevant authority.
 - 3.2.10. **TUE**
Therapeutic Use Exemption granted or recognised by SAIDS, in accordance with the international standard.
 - 3.2.11. **WADA**
World Anti-Doping Agency.
- 3.3 In the event of any doubt as to the meaning of any of the provisions of this agreement, the interpretation placed thereon by the Executive Council shall be final and binding upon all members of the Federation.



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4. ROLES AND RESPONSIBILITIES

- 4.1 All members participating in a competition are subject to testing on a random basis.
- 4.2 All participants accept the anti-doping rules as a condition of participation in sport and shall be bound by them.
- 4.3 The Roles and Responsibilities of members are to:
 - 4.3.1. Be knowledgeable of and comply with all applicable anti-doping policies and rules, adopted pursuant to this Policy.
 - 4.3.2. Be available for sample collection.
 - 4.3.3. Take responsibility, in the context of anti-doping, for what is ingested and used.
 - 4.3.4. Inform medical personnel of their obligation to not use prohibited substances and prohibited methods, and to take responsibility to make sure that any medical treatment and dietary supplement received, does not violate anti-doping policies and rules adopted pursuant to this Policy.
 - 4.3.5. Supply additional medical information at time of testing, if applicable.
- 4.4 The Match Director, in consultation and in full co-operation with the Federation and/or I.P.S.C, as applicable, is responsible for the provision of properly outfitted rooms and related equipment, to facilitate sample collection, including but not limited to:
 - 4.4.1. Toilets; and
 - 4.4.2. Tables and chairs; and
 - 4.4.3. A refrigeration unit; and
 - 4.4.4. Sample collection containers.



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5. TESTING

- 5.1 Testing of members is primarily conducted "in competition".
- 5.2 Blood or other non-urine samples may be used to detect prohibited substances or prohibited methods, for screening procedure purposes, or for longitudinal haematological profiling.
- 5.3 The collection of doping control samples shall be initiated and directed by the Federation and or I.P.S.C as applicable.
 - 5.3.1. However, SAIDS may in conjunction with, and with the approval of the Federation, I.P.S.C and/or WADA, initiate and conduct such testing.
- 5.4 Testing may only be conducted on a minor where a person with legal responsibility for that minor has given prior consent.
 - 5.4.1. The giving of such prior consent should be a condition precedent to the participation of that minor in sport.
- 5.5 Any member who for any reason, refuses to submit to anti-doping testing, will immediately be disqualified from the competition, without the benefit of appeal, and may be subject to further disciplinary action.

6. OUTCOME

- 6.1 It is not necessary that intent, fault, negligence or knowing use be demonstrated, in order to establish an anti-doping violation.
- 6.2 If testing establishes evidence of an anti-doping violation, action will be taken if:
 - 6.2.1. The member does not have a TUE for the prohibited substance; or
 - 6.2.2. The level of the prohibited substance in the sample is not consistent with the TUE.



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5. OUTCOME (cont)

- 5.3 The production of additional medical information does not necessarily exonerate the member.

6. VIOLATIONS

- 6.1 Anti-doping violations include but are not limited to:
- 6.1.1. Use or attempted use of a prohibited substance.
 - 6.1.2. Refusing, evading or failing to submit to sample collection after notification.
 - 6.1.3. Tampering or attempting to tamper with any part of Doping control.
 - 6.1.4. Possession of prohibited substances at, or in the vicinity of, a competition.
 - 6.1.5. Trafficking in any prohibited substance or method.
 - 6.1.6. Administration or attempted administration of a prohibited substance or method to any member.
 - 6.1.7. Assisting, encouraging, aiding, abetting or any other type of complicity involving an anti-doping violation or attempted violation.

7. SANCTION

- 7.1 In the event of a violation, full details of the incident and sanction must be communicated to the member, the Federation and/or I.P.S.C and the relevant authorities, within thirty (30) days of discovery of the violation.
- 7.1.1. Notification may be by letter or electronic means.
- 7.2 A member guilty of a violation, will automatically be ineligible to participate in competitions, as follows:
- 7.2.1. For a first offence, sanction will be for no less that a period of 3 years from the time of the suspension.
 - 7.2.2. For a second offence, sanction will be for life.



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7. SANCTION (cont)

- 7.3 Should a member violate the sanction:
- 7.3.1. For a first offence, the period of ineligibility which was originally imposed, shall start over again as of the date of this violation.
 - 7.3.2. For a second offence or repeated violation of sanction, membership of the Federation will automatically be terminated.
- 7.4 A member thus sanctioned remains subject to the sanction throughout the duration of the ineligibility, regardless of his membership status.
- 7.5 In respect of prohibited substances which are classified as illegal under South African law or the common law of jurisdiction of another geographical area hosting the competition, members may also be subject to criminal proceedings.

8. APPEAL

- 8.1 A member sanctioned in terms of Clause 7.3.2, will have no right of appeal in terms of this Policy.
- 8.2 A member who wishes to appeal his sanction must submit full details of his appeal, in writing, to the Executive Council or I.P.S.C, as applicable, within thirty (30) days of receipt of notification.
- 8.3 In the event of the competition being under the jurisdiction of the Federation, the appeal will be heard in terms of the Federation's Dispute Resolution Policy.
- 8.4 In the event of the competition being under the jurisdiction of I.P.S.C, the appeal will be in terms of I.P.S.C's Anti-Doping Policy.



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8. APPEAL (cont)

- 8.5 A member may appeal his sanction for specific substances under specific conditions and/or exceptional circumstances. These include but are not limited to where a member:
- 8.5.1. Can establish that the prohibited substance was not intended to enhance his performance or mask the use of a performance-enhancing substance; or
 - 8.5.2. Can establish that the nature of the prohibited substance or the timing of its ingestion would not have been beneficial to the member; or
 - 8.5.3. Voluntarily admits to a violation before receiving notice of testing; or
 - 8.5.4. Can establish exceptional circumstances under which he bears no fault or negligence; or
 - 8.5.5. Can produce contemporaneous medical records substantiating the non-sport-related prescription for the prohibited substance.
- 8.6 The member's degree of fault shall be the criteria considered in assessing an appeal.



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Additional Notes from the SAIDS Policy – for information purposes only.

1. Athletes with a documented medical condition requiring the use of a prohibited substance or prohibited method must first obtain a TUE.
 - 1.1. The presence, use or attempted use, possession or administration of a prohibited substance or its metabolites or markers, consistent with the provisions of an applicable TUE issued pursuant to the International Standard for Therapeutic Use Exemptions, shall not be considered an anti-doping rule violation.
2. Athletes participating in any national event must obtain a TUE granted or recognised by SAIDS.
 - 2.1. Other athletes must obtain a TUE from the national anti-doping organisation (SAIDS) or other body designated by their national federation.
3. The application for a TUE must be made as soon as possible and in any event (save emergency situations) no later than 21 days before the athlete's participation in the event.
 - 3.1. National Federations shall promptly report any such TUEs to SAIDS and WADA.
4. All Beta-2 Agonists, including their D- and L- isomers are prohibited "In" and "Out" of competition.
 - 4.1. **Therefore Formoterol, Salbutamol, Salmeterol and Terbutaline when administered by inhalation (e.g. Asthma pumps) require a TUE.**
 - 4.2. In addition, for all athletes the use of inhaled Beta2-Agonists should be declared through ADAMS when reasonably feasible, as soon as the product is used, and must also be declared on the Doping Control form at the time of testing.



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5. All glucocorticosteroids are prohibited "In competition" when administered by oral, intravenous, intramuscular or rectal routes.
 - 5.1. A DoU must be completed by the athlete for glucocorticosteroids administered by intra-articular, peri-articular, peri-tendinous, epidural, intra-dermal and inhalation routes.
 - 5.2. Topical preparations when used for auricular, buccal, dermatological, gingival, nasal, ophthalmic and perianal disorders are not prohibited and do not require a TUE nor DoU.
6. Unless otherwise specified, beta-blockers are prohibited "In competition" only and only in certain sports.
 - 6.1. **The shooting sports are included as one of the designated sports**
 - 6.2. **The use of beta-blockers is also specifically prohibited "Out of competition" for the shooting sports.**
7. Certain substances are prohibited in males only, "In" and "Out" of competition.
 - 7.1. These include certain hormones, Chorionic Gonadotrophin and Luteinizing Hormone.
8. Alcohol (ethanol) is prohibited "In competition" only and only in certain sports.
 - 8.1. Detection will be conducted by analysis of breath and/or blood.
 - 8.2. The doping violation threshold (haematological value) is 0.10 g/L.
 - 8.3. **Although shooting is not one of the designated sports, the I.P.S.C. rules specifically consider the use of drugs (including alcohol) in the light of a match disqualification.**
9. Athletes younger than 15 or older than 50 need not apply to SAIDS for a TUE but will have to be in possession of a valid doctor's prescription for the use of diuretics, insulin, tamoxifen treatment for cancer, steroid treatment for osteoporosis, systemic glucocorticosteroids and beta-blockers
 - 9.1. **This clause is NOT applicable to the shooting sports!**



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10. Athletes younger than 15 but older than 12 years need to be in possession of a valid doctor's prescriptions for the use of methylyphenidate (Ritalin).
 - 10.1. Athlete's younger than 12 need no such medical certificate.
11. A panel of physicians and other specialist experts are appointed by SAIDS to consider requests for TUEs.
12. WADA, at the request of an athlete or on its own initiation, may review the granting or denial of any TUE by SAIDS.